

ALLERGY SEASON

	BC	PRAIRIES	ONTARIO	QUEBEC	ATLANTIC	ALL PROV.
JAN						↑ CAT, DOG, DUST, MITE AND MOULD ↓
FEB	●					
MAR	●	●	●	●		
APR	●	●	●	●	●	
MAY	● ●	● ●	●	● ●	●	
JUN	●	●	●	● ●	●	
JUL	● ●	● ●	●	●	●	
AUG	● ●	● ●	● ●	● ●	● ●	
SEP	● ●	● ●	● ●	● ●	● ●	
OCT	●				●	
NOV						
DEC						

- TREE POLLEN
- GRASS POLLEN
- RAGWEED POLLEN
- WEED POLLEN

“ No more allergy shots, no more waiting in the doctor’s office, and no more time off work. ”

— C. Chan, Richmond BC

HOW DO I GET SLIT

SLIT is available by prescription only. Talk to your doctor to see if this is the right treatment course for you.

WHAT ABOUT COST

SLIT is covered by most medical plans. Cost benefit analysis has proven that SLIT can cut down on medication costs and actually save you money.

WHO CAN USE SLIT

SLIT is a great treatment option for most allergy sufferers, including children. Patients on beta blockers, or pregnant and nursing mothers should speak to their physician prior to use.

TREATMENT REGIMEN OPTIONS

Pre-seasonal: a quick build up of antigen 30 to 60 days prior to and throughout the offending allergen season.

Co-seasonal: Year-round treatment.

PATIENT INFORMATION FOR SUBLINGUAL IMMUNOTHERAPY (SLIT)



Talk to your doctor to see if sublingual immunotherapy (SLIT) is right for you.

A NEW ALTERNATIVE ALLERGY TREATMENT

For more information on sublingual immunotherapy visit:
www.westernallergy.com



THE ADVANTAGES

• MORE CONVENIENT THAN SHOTS

Sublingual immunotherapy requires fewer clinic visits and less time away from work. The first dosage is taken in the physician's office and after that, you can commence treatment at home.

• SEE LASTING RESULTS

Reduce your dependency on antihistamines and other rescue medications that only address the symptoms of allergy. SLIT re-trains your body not to be allergic in the first place.

• BETTER QUALITY OF LIFE

Patients regularly report fewer sick days away from school and work, better sleep, and a reduction in symptoms.

WHAT IS SLIT

Sublingual immunotherapy treats the cause of allergies by giving small doses of the allergen to the patient. Exposure to these small doses over time increases the immunity or tolerance to the allergens and reduces the allergenic symptoms.

HOW DOES SLIT WORK

SLIT is given as drops under the tongue. Research shows that when an allergen is presented this way, the immune system learns to tolerate the allergen. The result is less allergy symptoms when the body is exposed to the allergy source such as airborne pollen or pet dander.

SLIT OR ALLERGY SHOTS

Like injection therapy, SLIT directly changes the body's ability to react with allergens. Allergy shots are effective, but need to be given in a physician's office. This inconvenience results in high drop off rates for many patients. Sublingual immunotherapy offers a great alternative treatment option for people reluctant or unable to undergo allergy shots.

HOW LONG WILL IT TAKE TO SEE RESULTS WITH SLIT

The vast majority of patients experience marked symptom relief within the first few months of starting treatment. As with all allergy immunotherapy, long term, lasting results require 3 to 5 years of treatment. Research shows that committing to the full therapy can result in permanent symptom relief. No more allergies!

SLIT IS PROVEN

With over 60 clinical trials proving efficacy, endorsement from the World Health Organization, the World Allergy Organization and the Cochrane Collaboration, SLIT is proven to be effective, safe and well tolerated.

ARE THERE ANY SIDE EFFECTS OF SLIT

Rarely, however, the most common side effect of allergy drops is a mild, local irritation in the mouth and under the tongue. Consult your doctor if symptoms persist or worsen.

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“ My son absolutely refused allergy shots so we decided to try the drops. I can't believe the difference. He is no longer suffering at night with sneezing and itchy eyes and his snoring has stopped entirely. ”

— L. Martin, Calgary AB



“ Thanks to allergy drops I no longer have to rely on antihistamines for relief of my grass and tree allergies. I can enjoy golf again. ”

— K Grant, Victoria BC

